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product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Take one (1) capsule once or twice daily, with or without food, or as recommended by a healthcare practitioner.

CAUTION: If taken in high doses, magnesium may have a laxative effect. If this occurs, divide dosing, reduce intake, or discontinue product.

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Q02309A

LifeExtension®

Potassium with Extend-Release Magnesium



IR Potassium with 6 Hour XR Magnesium

Dietary
Supplement

60 Vegetarian
Capsules

Supplement Facts

Serving Size 1 Vegetarian Capsule

Amount Per Serving	% Daily Value	
Magnesium (as ZümXR® magnesium oxide, magnesium citrate)	250 mg	63%
Potassium (as potassium chloride)	99 mg	3%

Other ingredients: vegetable cellulose (capsule), microcrystalline cellulose, rice concentrate, ethylcellulose, medium chain triglycerides, oleic acid, hydroxypropyl methylcellulose, silica.

Manufactured for:

Quality Supplements and Vitamins, Inc.
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product information, contact 1-866-280-2852.

Non-GMO

Store tightly closed in a cool, dry place.