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# Red Yeast Rice COMPLEX

with Policosanol, Plant Sterols & Garlic



60 RAPID RELEASE  
CAPSULES

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take three (3) capsules daily with a meal. It is recommended that you also take a Coenzyme Q-10 supplement when using this product.

## Supplement Facts

Serving Size 3 Capsules  
Servings Per Container 20

| Amount Per Serving                                                     |          | %Daily Value |
|------------------------------------------------------------------------|----------|--------------|
| Red Yeast Rice Powder<br>( <i>Monascus purpureus</i> )                 | 1,200 mg | **           |
| Plant Sterols<br>(Standardized to contain 40% Beta-Sitosterol, 200 mg) | 500 mg   | **           |
| Garlic ( <i>Allium sativum</i> ) (bulb)                                | 500 mg   | **           |
| Policosanol                                                            | 20 mg    | **           |

\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Magnesium Stearate, Silica.

Red Yeast Rice has been a part of the traditional Chinese diet for centuries. Three capsules contain 1,200 milligrams of Red Yeast Rice powder from the botanical *Monascus purpureus*. This formula also contains garlic, policosanol and plant sterols. Garlic is traditionally used to support heart health, while policosanol supports healthy blood flow.\*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.