

Ultra Men

 **CVS Health**

Compare to the ingredients
in Centrum® Men**

spectravite

MULTIVITAMIN/MULTIMINERAL SUPPLEMENT



Actual Size

120 TABLETS

**ULTRA
MEN**

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 3,500 IU (29% as Beta-Carotene)	70%	Iodine 150 mcg	100%
Vitamin C 90 mg	150%	Magnesium 100 mg	25%
Vitamin D 1,000 IU	250%	Zinc 11 mg	73%
Vitamin E 45 IU	150%	Selenium 100 mcg	143%
Vitamin K 60 mcg	75%	Copper 0.9 mg	45%
Thiamin 1.2 mg	80%	Manganese 2.3 mg	115%
Riboflavin 1.3 mg	76%	Chromium 35 mcg	29%
Niacin 16 mg	80%	Molybdenum 50 mcg	67%
Vitamin B6 2 mg	100%	Chloride 72 mg	2%
Folic Acid 200 mcg	50%	Potassium 80 mg	2%
Vitamin B12 6 mcg	100%	Nickel 5 mcg	*
Biotin 40 mcg	13%	Silicon 2 mg	*
Pantothenic Acid 15 mg	150%	Tin 10 mcg	*
Calcium 210 mg	21%	Vanadium 10 mcg	*
Iron 8 mg	44%	Lycopene 600 mcg	*
Phosphorus 20 mg	2%		

*Daily Value (DV) not established.

Ingredients: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, di-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Ferrous Fumarate, Stearic Acid, Polyvinyl Alcohol, Calcium Pantothenate, Nicotinamide, Zinc Oxide, Calcium Silicate, Talc, Titanium Dioxide Color, Silicon Dioxide, Manganese Sulfate, Magnesium Stearate, Polyethylene Glycol, Pyridoxine Hydrochloride (Vit. B6), Cupric Sulfate, Lecithin, Thiamine Mononitrate (Vit. B1), Riboflavin (Vit. B2), Vitamin A Acetate, Lycopene, FD&C Yellow #6 Aluminum Lake, Beta-Carotene, Chromium Picolinate, Folic Acid, Sodium Selenate, Potassium Iodide, Sodium Molybdate, Phytanadione (Vit. K), FD&C Red #40 Aluminum Lake, Biotin, Cholecalciferol (Vit. D3), Sodium Metavanadate, Stannous Chloride, Nickel Sulfate, Cyanocobalamin (Vit. B12). **CONTAINS: Soy**

SUGGESTED USE: Adults: Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

Caution: If you are taking any medication or have a medical condition, consult a doctor before taking this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. (1-800-222-1222)

Store at room temperature. Keep bottle tightly closed.

Do not use if printed seal under cap is broken or missing

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