

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy.

*Your health & safety are our first priority!*

No Artificial Color, Flavor or Sweetener, No Sugar, No Milk, No Lactose, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **34711**  
**www.vitaminworld.com**  
**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
©2013 Vitamin World, Inc.

B34711 01A



**Intensive  
Strength  
Complex**

# Zygest® 13 Multi-Enzyme Digestive Care\*

**13 Bio-Active  
Naturally Derived  
ENZYMES**

*Digestive Aid for Proteins,  
Fats & Carbohydrates\**

**90** Vegetarian  
Capsules

*Dietary  
Supplement*

**DIRECTIONS:** For adults, take one (1) capsule three times daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving       |                                 | %Daily Value |
|--------------------------|---------------------------------|--------------|
| Proprietary Enzyme Blend | 520 mg                          | **           |
| Activity                 |                                 |              |
| Amylase                  | 25,000 DU (Carbohydrate Enzyme) | **           |
| Protease SP              | 100,000 HUT (Protein Enzyme)    | **           |
| Lipase                   | 3,750 FIP (Fat Enzyme)          | **           |
| Cellulase Enzyme         | 3,250 CU (Fiber Enzyme)         | **           |
| Bromelain                | 500,000 PU (Protein Enzyme)     | **           |
| Papain                   | 500,000 PU (Protein Enzyme)     | **           |
| Hemicellulase            | 750 HCU (Fiber Enzyme)          | **           |
| Xylanase                 | 650 XU (Fiber Enzyme)           | **           |
| Alpha Galactosidase      | 500 GalU (Carbohydrate Enzyme)  | **           |
| Invertase                | 300 SU (Carbohydrate Enzyme)    | **           |
| Lactase                  | 1,000 ALU (Dairy Enzyme)        | **           |
| Glucoamylase             | 50 AGU (Starch Enzyme)          | **           |
| Beta Glucanase           | 65 BGU (Fiber Enzyme)           | **           |

\*\*Daily Value not established.

**Other Ingredients:** Rice Flour, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.  
Contains wheat and soy ingredients.

**Enzymes break down the nutritional components of proteins, fats and carbohydrates, making these nutrients available for the body.\* This balanced blend is a proprietary enzyme formula that can be used to support digestion.\***