

**SUGGESTED USE:** Shake lightly before each use. On an empty stomach or between meals, take 6 ml (1¼ tsp.) by mouth. May also mix with water or juice. Use as directed by your healthcare professional.

Keep out of reach of children. Children and pregnant or lactating women should consult their healthcare professional prior to use.

**STORAGE:** Store in a cool, dry place away from direct sunlight. For maximum potency, after opening: refrigerate and use within 45 days.

**Optimal Liposomal CoQ10** provides 200 mg of coenzyme Q10, an important building block for cellular health and energy production.† The phospholipid base is non-hydrogenated and derived from GMO-free sunflower oil - without the common use of soy.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Optimal Liposomal CoQ10 Meets or Exceeds cGMP Standards.**



PHYSICIAN FORMULATED



SeekingHealth®

## Optimal Liposomal CoQ10

200 mg

Dietary Supplement

6 FL. OZ. (180 ML)

### Supplement Facts

Serving Size: 1¼ tsp (6 ml)

Servings Per Container: Approx. 30

| Amount Per Serving                                                                             |        | %DV |
|------------------------------------------------------------------------------------------------|--------|-----|
| Calories                                                                                       | 15     |     |
| Total Carbohydrates                                                                            | 2 g    | <1% |
| Coenzyme Q10<br>(as ubiquinone)                                                                | 200 mg | *   |
| Phosphatidylcholine and<br>Phosphatidylethanolamine<br>Complex (from non-GMO<br>sunflower oil) | 500 mg | *   |

\* Daily Value (DV) Not Established  
%DV Based on a 2,000 Cal/day Diet.

**Other Ingredients:** Purified water, glycerin, natural flavors, non-GMO starch, ribose, polysaccharides, and potassium sorbate (0.1%, to prevent spoilage).

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**Manufactured for and Distributed by:**  
Seeking Health, LLC  
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**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, artificial colors or artificial flavors.

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