

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. We guarantee it.



**HIGH PROTEIN SOY POWDER**

VITAMIN WORLD  
*get healthy.*

# SPIRU-PRO

## Soy Protein Drink with Spirulina



MIXES READILY FOR A GREAT TASTING ENERGY DRINK  
With Oat Bran, Apple Pectin, Bee Pollen, Enzymes, Vitamins & Minerals

**NATURAL CHOCOLATE**  
WITH OTHER NATURAL FLAVORS

-ASPARTAME FREE-



DIETARY SUPPLEMENT

NET WT. 2 lb. (32 oz.) (907 g)



### Supplement Facts

Serving Size 1 Scoop (34 g)  
Servings Per Container about 27

Amount Per Serving		% Daily Value
Calories	130	
Calories from Fat	10	
Total Fat	1 g	2%*
Total Carbohydrate	16 g	5%*
Dietary Fiber	1 g	4%*
Sugars	14 g	**
Protein	14 g	28%*
Vitamin A	5,000 IU	100%
Vitamin C	60 mg	100%
Vitamin D	400 IU	100%
Vitamin E	30 IU	100%
Thiamin	1.5 mg	100%
Riboflavin	1.7 mg	100%
Niacin	20 mg	100%
Vitamin B-6	2 mg	100%
Folic Acid	420 mcg	105%
Vitamin B-12	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid	10 mg	100%
Calcium	300 mg	30%
Iron	9 mg	50%
Phosphorus	140 mg	14%
Iodine	150 mcg	100%
Magnesium	80 mg	20%
Zinc	6 mg	40%
Selenium	21 mcg	30%
Copper	0.945 mg	47%
Manganese	2.8 mg	140%
Chromium	18 mcg	15%
Molybdenum	11 mcg	15%
Sodium	210 mg	9%
Potassium	210 mg	6%
Soy Protein Isolate	12,900 mg (12.9 g)	**
Proprietary Blend (Inositol, Spirulina, Psyllium Husk (Plantago ovata) (seed husk), Oat Fiber, Bee Pollen, Choline Bitartrate, Apple Pectin, Lemon Bioflavonoids, Papain, Soy Lecithin, Bromelain)	300 mg	**
Sodium Copper Chlorophyllin	9.8 mg	**

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**Other Ingredients:** Fructose, Cocoa Powder (processed with alkali), Calcium Carbonate, Xanthan Gum, Natural Flavor, Vitamin and Mineral Blend (Magnesium Oxide, Sodium Ascorbate, dl-Alpha Tocopheryl Acetate, Dicalcium Phosphate, Biotin, Ferrous Sulfate, Niacinamide, Potassium Iodide, Vitamin A Palmitate, d-Calcium Pantothenate, Sodium Selenate, Manganese Sulfate, Zinc Oxide, Pyridoxine Hydrochloride, Thiamin Mononitrate, Riboflavin, Cyanocobalamin, Ergocalciferol, Folic Acid, Chromium Chloride, Sodium Molybdate), Maltodextrin, Potassium Citrate, Salt, Vegetable Cellulose, Lactose

Contains milk and soy ingredients.

No Artificial Color, Flavor or Sweetener, No Gluten, No Wheat, No Yeast, No Fish.

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to bees or bee products. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if pull ring under cap is damaged or broken.

Diets low in saturated fat and cholesterol that include 25 grams of soy protein per day may reduce the risk of heart disease. One serving of this product provides 13 grams of soy protein.

Typical Soy Isoflavone content per serving:

Total Isoflavones	26 mg
Daidzein	9 mg
Genistein	15 mg
Glycitein	2 mg

**Directions:** For adults, add one (1) scoop (34 g) (scoop included in can) of Chocolate Spiru-Pro to 8 ounces of skim milk or juice (cold liquids work best) and shake until smooth. If you have never taken bee products, start with a small serving per day and increase gradually in order to assess whether you are allergic.

Contents are sold by weight. Some settling may occur.

TO REORDER PROD. #5197  
[www.vitaminworld.com](http://www.vitaminworld.com)  
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