

SUGGESTED USE: Take 1 capsule in the morning before breakfast or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

STORAGE: Keep closed in a cool, dry place out of reach by children.

Optimal Iron Plus Cofactors Meets or Exceeds cGMP Quality Standards.



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Manufactured for and Distributed by:

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P H Y S I C I A N F O R M U L A T E D



SeekingHealth®

Optimal Iron Plus Cofactors

Dietary Supplement

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	%DV
Vitamin A [150 mcg RAE (50%) as beta-carotene and 150 mcg RAE (50%) as retinyl palmitate]	300 mcg RAE	33%
Vitamin C (ascorbic acid)	113 mg	126%
Riboflavin (as riboflavin 5'-phosphate sodium)	5 mg	385%
Biotin	500 mcg	1,667%
Iron (as Ferrochel® Ferrous Bisglycinate Chelate)	29 mg	161%
Copper (as TRAACS® Copper Bisglycinate Chelate)	0.5 mg	56%
Betaine HCl	75 mg	*
Lipase (from <i>Aspergillus niger</i> or <i>Candida rugosa</i>) (10 LU/mg)	5 mg	*

* % DV (Daily Value) Not Established.

Other Ingredients: HPMC (capsule), ascorbyl palmitate, L-leucine, and silica.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

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