

SUGGESTED USE: Chew 1 tablet daily in the morning before breakfast or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

STORAGE: Keep closed in a cool, dry place.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

Optimal Iron Chewable Meets or Exceeds cGMP Quality Standards.

This package is completely recyclable ♻️



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Optimal Iron

Chewable

Dietary Supplement

60 CHEWABLE TABLETS

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

	Amount Per Serving	%Daily Value
Vitamin C (ascorbic acid)	25 mg	28%
Iron (as ferric glycinate [§])	10 mg	56%

Other Ingredients: Xylitol, ascorbyl palmitate, natural cherry flavor, and silica.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:

Seeking Health, LLC

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Bellingham, WA 98225

(800) 547-9812

IRON-60-TAB REV. 071118



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