

Scan for
product info

Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Mix one (1) level scoop in approximately 4 to 8 ounces of water or beverage of choice (to taste) once or twice daily, or as recommended by a healthcare practitioner. Drink immediately.

CAUTION: If you have significant kidney or liver disease, please consult your healthcare practitioner before using this product.

This product contains whey protein isolate from cows not treated with growth hormone (rBST). The whey protein isolate is made using a process known as Cross Flow Microfiltration, which produces an isolate that is 90% protein, 98% of it in the bioavailable undenatured form, and retains all important subfractions in their natural ratios.

Notice: Use this product as a food supplement only.
Do not use for weight reduction.*

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- Do not purchase if outer seal is broken or damaged.
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

⚠ WARNING: This product can expose you to lead, which is known to the State of California to cause birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Creapure® is a registered trademark of AlzChem Trostberg GmbH, Germany, US Reg. No 2715915. Provon® is a registered trademark of Glanbia plc.

Q02246CA



Typical Amino Acid Profile
(Approximate g per serving):

Alanine	0.80g
Arginine	0.28g
Aspartic Acid	1.56g
Cysteine	0.32g
Glutamic Acid	2.13g
Glycine	0.26g
Histidine	0.17g
Isoleucine	0.93g
Leucine	1.39g
Lysine	1.21g
Methionine	0.28g
Phenylalanine	0.40g
Proline	0.87g
Serine	0.65g
Threonine	1.05g
Tryptophan	0.12g
Tyrosine	0.34g
Valine	0.83g

*Density may fluctuate but the content weight is as stated.



ADVANCED WHEY PROTEIN ISOLATE

VANILLA FLAVOR

Net Wt. 454 g (1 lb. or 16 oz.)
DIETARY SUPPLEMENT



NON-GMO
3G GLUTAMINE
2G CREATINE
NO ADDED SUGAR

14G OF PROTEIN
PER SERVING

Supplement Facts

Serving Size 1 Scoop (approx. 23 g)
Servings Per Container About 20

Amount Per Serving	% Daily Value
Calories 60	
Cholesterol <5 mg	2%†
Sodium 40 mg	2%†
Potassium 60 mg	2%†
Total Carbohydrate 1 g	2%†
Protein 14 g	
Calcium 70 mg	7%†
Phosphorus 34 mg	3%†
Magnesium 12 mg	3%†
L-Glutamine 3 g	**
Creapure® Creatine monohydrate 2 g	**

**Daily Value not established.
†Based on a 2,000 calorie diet.

Ingredients: Provon® 292 rBST free whey protein isolate, sunflower oil powder, maltodextrin, arabic gum, natural vanilla and caramel flavors, soy lecithin, stevia extract, guar gum, xanthan gum, rice starch, modified food starch, monk fruit extract.

Contains milk and soybeans.

Manufactured for: **Quality Supplements and Vitamins, Inc.**,
Ft. Lauderdale, FL 33309 • LifeExtension.com
To report a serious adverse event or obtain product information,
contact 1-866-280-2852.

Store tightly closed in a cool, dry place.