

P H Y S I C I A N F O R M U L A T E D

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Capsule	% Daily Value	
Iodine (5 mg as molecular iodine and 7.5 mg as potassium iodide)	12.5 mg	8,333%

*Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), coconut oil powder, and silicon dioxide.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, peanuts, wheat, gluten, soybeans, and yeast. Contains no artificial colors, flavors, or preservatives.

WARNING: This product is not intended for long-term daily use. Use only as directed under the supervision of a doctor. Do not use this product if you are pregnant or nursing. This product is not intended for children below the age of 18 years. If you have a thyroid or other medical condition, or are taking prescription medications, consult your doctor before using this product. Thyroid function should be closely monitored by your doctor while using this product. **KEEP OUT OF REACH OF CHILDREN.**

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SUGGESTED USE: 1 capsule daily with food or as directed by your health care professional.

Optimal Iodine provides beneficial forms of iodine, an essential trace element. Each capsule supplies 12.5 mg total iodine (equivalent to 12,500 mcg).

STORAGE: Do not use if shrinkwrap is broken or missing. Store in a cool, dry place below 85°F away from direct light. Do not freeze. Keep out of reach of children.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

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Seeking Health® Optimal Iodine

12.5 mg



Dietary Supplement

90 VEGETARIAN CAPSULES

