

SUGGESTED USE: Blend, shake, or briskly mix one scoop daily in filtered water or beverage of choice, or use as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

Optimal GI Powder Meets or Exceeds cGMP Quality Standards.

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P H Y S I C I A N F O R M U L A T E D



SeekingHealth®

Optimal GI Powder

Dietary Supplement

NET WT 7.20 OZ (204 G)

Supplement Facts

Serving Size: 1 Scoop (About 6.8 g)
Servings Per Container: About 30

Amount Per Serving %DV		Amount Per Serving %DV		Amount Per Serving %DV	
Calories	20	Aloe vera 200:1 Aqueous Extract (<i>Aloe barbadensis</i>)(leaf gel)	350 mg *	Marshmallow (<i>Althaea officinalis linn</i>)(root)	200 mg *
Total Carbohydrate	2 g 1%‡	Cat's Claw 10:1 Extract (<i>Uncaria tomentosa</i>)(bark)	350 mg *	L-Carnosine (from Zinc L-carnosine)	75 mg *
Dietary Fiber	1 g 4%‡	Curcuminoids [from turmeric (<i>Curcuma longa</i>)(rhizome) extract]	250 mg *	Milk Thistle Extract (<i>Silybum marianum</i>)(seeds)(80% silymarin)	50 mg *
Zinc (as Zinc L-Carnosine)	21 mg 191%	Stinging Nettle Extract (<i>Urtica dioica</i>)(leaves)(1% silica)	250 mg *	Glucoraphanin (from broccoli extract) (<i>Brassica oleracea italica</i>)(seed)(truebroc™)	18 mg *
Molybdenum (as Molybdenum Glycinate Chelate®)	50 mcg 111%	Slippery Elm (<i>Ulmus fulva</i>)(bark)	250 mg *	Superoxide Dismutase [from melon (<i>Cucumis melo</i>)(pulp) extract]	7 mg (100 IU) *
L-Glutamine	1.5 g *	Quercetin (as quercetin dihydrate from <i>Dimorphandra mollis</i>)(pod)	250 mg *	‡ Percent Daily Values are based on a 2,000 calorie diet. * Daily Value (DV) not established.	
N-Acetyl-D-Glucosamine	1 g *	Methylsulfonylmethane	250 mg *		
Citrus Fiber	1 g *				
Deglycyrrhizinated Licorice Extract (<i>Glycyrrhiza glabra</i>)(root)(0.75% flavonoids)	500 mg *				

Other Ingredients: None.

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