Read the entire label and follow the directions carefully prior to use.

DIRECTIONS: Mix one (1) scoop in approximately 4 to 8 ounces of water or beverage of choice (to taste) daily, or as recommended by a healthcare practitioner.

This product contains whey protein isolate from cows not treated with growth hormone (rBST). The whey protein isolate is made using a process known as Cross Flow Microfiltration, which produces an isolate that is 90% protein, 98% of it in the bioavailable undenatured form, and retains all important subfractions in their natural ratios.

Notice: Use this product as a food supplement only. Do not use for weight reduction.*

WARNINGS:

- KEEP OUT OF REACH OF CHILDREN.
- DO NOT EXCEED RECOMMENDED DOSE.
- . Do not purchase if outer seal is broken or damaged
- When using nutritional supplements, please consult with your physician if you are undergoing treatment for a medical condition or if you are pregnant or lactating.

▲ WARNING: Reproductive Harm - www.P65Warnings.ca.gov.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose. treat, cure, or prevent any disease.

Provon^o is a registered trademark of Glanbia plc.



Typical Amino Acid Profile (Approximate a per servina)

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Alanine	1.01
Arginine	0.35
Aspartic Acid	1.96
Cysteine	0.41
Glutamic Acid	2.68
Glycine	0.33
Histidine	0.21
Isoleucine	1.17
Leucine	1.75
Lysine	1.52
Methionine	0.35
Phenylalanine	0.50
Proline	1.09
Serine	0.82
Threonine	1.32
Tryptophan	0.16
Tyrosine	0.43
Valine	1.05

*Density may fluctuate but the content weight is as stated.

CHOCOLATE FLAVOR Net Wt. 437 g (0.96 lbs. or 15.4 oz.)

LifeExtension

DIETARY SUPPLEMENT

CODE

 WHF

PROTEIN

NON-GMO NO ADDED SUGAR

17G OF PROTEIN PER SERVING

Supplement Facts

Serving Size 1 Scoop (approx. 22 g) Servings Per Container About 20

Amount Per Serving	% Daily Value
Calories 80	
Calories from Fat 5	
Total Fat 0.5 g	<1%1
Cholesterol <5 mg	<1%1
Sodium 55 mg	2% [†]
Potassium 140 mg	3% [†]
Total Carbohydrate 2 g	<1% [†]
Protein 17 g	
Calcium 86 mg	9%†
Phosphorus 45mg	4% [†]
Magnesium 20 mg	5%†

*Dailv Value not established. †Based on a 2.000 calorie diet.

Ingredients: Provon® 292 rBST free whey protein isolate, cocoa, maltodextrin, sunflower oil powder, guar gum, stevia extract, xanthan gum, rice starch, soy lecithin, natural chocolate flavor, modified food starch.

Contains milk and sovbeans.