

SUGGESTED USE: Add 1 scoop to 8 ounces of purified water. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep tightly closed in a cool, dry place.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial flavors, or artificial colors.

Optimal Electrolyte Meets or Exceeds cGMP Quality Standards.

ELYTE-B30S-POW REV. 060718



P H Y S I C I A N F O R M U L A T E D



SeekingHealth®

Optimal Electrolyte

Berry

Dietary Supplement

NET WT. 255g (8.99 OZ.)

Supplement Facts

Serving Size: 1 Scoop (About 8.50 g)

Servings Per Container: About 30

	Amount Per Serving	%DV
Calories	20	
Total Carbohydrate	4 g	1%†
Total Sugars	2 g	
Niacin (as inositol hexanicotinate)	75 mg	469%
Magnesium (as DiMagnesium Malate and magnesium creatine chelate [§])[Creatine MagnaPower®]	150 mg	36%
Sodium (as sodium bicarbonate)	140 mg	6%
Potassium (as potassium bicarbonate)	510 mg	11%
D-Ribose	2 g	*
Taurine	250 mg	*
Creatine (as magnesium creatine chelate [§])[Creatine MagnaPower®]	225 mg	*

† Percent Daily values are based on a 2,000 calorie diet.

*%DV (Daily Value) Not Established.

Other Ingredients: Malic acid, citric acid, natural flavors, stevia leaf extract, and natural grape powder (for color).

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:

Seeking Health, LLC

3140 Mercer Ave

Bellingham, WA 98225

(800) 547-9812



§ Albion®, Creatine MagnaPower®, and the Albion Gold Medallion design are registered

trademarks of Albion Laboratories, Inc. U.S. Patent 6,706,904 and 6,114,379.