



Carlson®



Norwegian



The Very Finest Fish Oil

1,600 mg Omega-3s



Natural
Lemon
Flavor

DIETARY SUPPLEMENT

✓ Cardiovascular Function*
✓ Cognitive Health* ✓ Joint Support*

16.9 fl oz (500 mL)

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Carlson®

Providing the finest Norwegian
omega-3s since 1982

Supplement Facts

Serving Size 1 Teaspoon (5 mL)

Servings Per Container 100

	Amount Per Serving	% DV
Calories	40	
Total Fat	4 g	5%**
Saturated Fat	1 g	5%**
Polyunsaturated Fat	2 g	†
Monounsaturated Fat	1 g	†
Cholesterol	20 mg	7%
Vitamin E (as natural d-alpha tocopherol)	6.7 mg	45%
Norwegian Fish Oil	4.6 g	†
Omega-3 Fatty Acids [Ⓐ]	1,600 mg	†
EPA (Eicosapentaenoic Acid) [Ⓐ]	800 mg	†
DHA (Docosahexaenoic Acid) [Ⓐ]	500 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value (DV) not established. [Ⓐ]Reported as triglycerides.

Other Ingredients: Natural flavors, antioxidant blend (sunflower oil, natural mixed tocopherols, rosemary extract). Contains fish (anchovy, sardine, mackerel, jack mackerel).

Directions: Adults: take one teaspoonful one or two times daily **at mealtime**. After initially opening the bottle, keep refrigerated and preferably use within 100 days.

✓ Gluten-free ✓ No Artificial Preservatives

PURITY GUARANTEED

This product is regularly tested by independent FDA registered laboratories. It has been determined to be fresh and fully potent (per AOCs international protocols) and is free of detrimental levels of mercury, cadmium, lead, PCBs and 28 other contaminants.

Manufactured & bottled in Norway for J. R. Carlson Laboratories, Inc.
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