

Hydrate and replenish electrolytes during workouts, after training, or on the go!

Maintain healthy energy levels without the crash - no cane sugar or caffeine!



ENE



Feed your muscles for peak performance, strength, and recovery.

PERFORMANCE



Support your body's metabolic processes with nutrients for food-to-fuel conversion.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



SUGGESTED USE: Add the contents of one stick pack to 8 ounces of purified water. Stir or shake until dissolved.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if stick pack is damaged.

STORAGE: Keep unopened stick packs in a cool, dry place until use.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial flavors, or artificial colors.

Optimal Electrolyte Meets or Exceeds cGMP Quality Standards.



PHYSICIAN FORMULATED



Optimal Electrolyte

Berry

Supplement Facts

Serving Size: 1 Stick Pack (About 8.50 g) Servings Per Container: 30

A	mount Per Servin	g %DV
Calories	15	
Total Carbohydrate	4 g	1%‡
Total Sugars	2 g	
Niacin (as inositol hexanicotinate)	75 mg	469%
Magnesium	150 mg	36%
(as DiMagnesium Malate and magnes	ium creatine chek	ates)
Sodium (as sodium bicarbonate)	140 mg	6%
Potassium (as potassium bicarbonate)	510 mg	11%
D-Ribose	2 g	*
Taurine	250 mg	*
Creatine (as magnesium creatine chelate	(s) 225 mg	*
‡ Percent Daily values are based on a 2.0	000 calorie diet.	

Other Ingredients: Malic acid, citric acid, natural flavors, stevia leaf extract, and natural grape powder (for color).

Find Other Effective Health Products At www.seekinghealth.com

Manufactured for and Distributed by:

* % DV (Daily Value) Not Established.

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ELYTE-B30-PACK REV. 020718

30 STICK PACKS NET WT. 255g (8.99 OZ.)