

SUGGESTED USE

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Gaia Farm, Brevard, NC



Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

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gaia
HERBS

IMMUNE SUPPORT*

Nettle Leaf

With Gaia-grown™ Nettle

60

VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

gaia
HERBS

NEW LOOK
SAME FORMULA



IMMUNE SUPPORT*

Nettle Leaf

Traditionally for sinus support*

Helps maintain upper
respiratory health*

With Gaia-grown™ Nettle

60

VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1g	<1%*
Organic Stinging Nettle (<i>Urtica dioica</i>) leaf extract	225 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

VEGAN • GLUTEN-FREE • SOY-FREE



gaiaherbs.com
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