# BEST BY

### **SUGGESTED USE**

Adults take 1 capsule 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

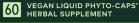
\* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.





## Nettle Leaf

With Gaia-grown™ Nettle





Amount % Daily Per Serving Value Total Carbohydrate <1% <1a

Organic Stinging Nettle 225 ma (Urtica dioica) leaf extract

 Percent Daily Values are based on a 2.000 calorie diet. † Daily Value not established

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

**VEGAN · GLUTEN-FREE · SOY-FREE** 

% Daily

Value <1%\*

Amount Per Serving

<1 q

225 mg



Serving Size 1 Capsule Servings Per Container 60

Total Carbohydrate

Organic Stinging Nettle

(Urtica dioica) leaf extract

† Daily Value not established.

vegan capsule (hypromellose)

gaiaherbs.com @gaiaherbs

Supplement Facts

\* Percent Daily Values are based on a 2,000 calorie diet.

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Other ingredients: Vegetable glycerin, water and

# Gaia Farm, Brevard, NC

**Connecting Plants &** 

All products are screened for pesticides.

See the proof at meetyourherbs.com, the

Concentrated plant extracts are delivered

in our patented Phyto-Caps® technology.

world's first herb traceability platform.

People Since 1987

**PURITY - Keep it Clean** 

microbes & heavy metals.

**INTEGRITY - Keep it Real** 

**POTENCY - Keep it Strong** 

Discover our Guiding Truths at:



IMMUNE SUPPORT

# Nettle Leaf

Traditionally for sinus support\*

Helps maintain upper respiratory health\*

With Gaia-grown™ Nettle

VEGAN LIQUID PHYTO-CAPS® HERBAL SUPPLEMENT

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**VEGAN GLUTEN-FREE SOY-FREE** 



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