SUGGESTED USE: Take one capsule any time of day with or without food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Keep out of reach of children.

STORAGE: Keep tightly closed in a cool, dry place away from direct sunlight at controlled room temperature.

Optimal CoQ10 delivers 100 mg of hydroQsorb® bioavailability-enhanced coenzyme Q10 in 100% trans ubidecarenone form.†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

hydroQsorb is a registered trademark of Tishcon Corp.
Optimal CoQ10 Meets or Exceeds cGMP Standards.

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Supplement Facts

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Serving %DV

Coenzyme Q10 (as hydroQsorb®) 100 mg *

* Daily Value (DV) Not Established

Other Ingredients: Gamma-cyclodextrin, hypromellose and purified water. Find Other Effective Health Products At

www.seekinghealth.com
Manufactured for and Distributed by:

Seeking Health, LLC 3140 Mercer Ave Bellingham, WA 98225 (800) 547-9812

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, or soy.