

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, and soybeans. Contains no artificial colors, flavors or preservatives.

SUGGESTED USE: 1 capsule without food, 1 to 6 times daily or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if shrinkwrap is broken or missing.

STORAGE: Store in a cool, dry place below 85°F away from direct light. Do not freeze. Keep out of reach of children.

Optimal Amino Blend meets or exceeds cGMP Quality Standards.

Find Other Effective Health Products At:
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Manufactured for and Distributed by:

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T A R G E T E D S U P P O R T



Seeking Health®
Optimal Amino Blend



Amino Acid Supplement

150 VEGETARIAN CAPSULES



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 150

Amount Per Capsule

Glycine	55 mg*
L-Leucine	48 mg*
L-Valine	42 mg*
L-Glutamic acid	40 mg*
L-Lysine	28 mg*
L-Isoleucine	36 mg*
L-Cysteine	26 mg*
L-Alanine	35 mg*
L-Tyrosine	34 mg*
L-Serine	30 mg*
L-Phenylalanine	24 mg*
L-Threonine	24 mg*
L-Proline	21 mg*
L-Histidine	14 mg*
Taurine	20 mg*
L-Arginine	18 mg*
L-Aspartic acid	15 mg*
L-Methionine	15 mg*
L-Glutamine	12 mg*
L-Asparagine	4 mg*

*Daily Value not established.

Other Ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water).

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