SUGGESTED USE: For adrenal support, take 3 capsules after breakfast or as directed by your healthcare professional. California residents should not exceed 1 capsule daily.†

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is

STORAGE: Keep closed in a cool, dry place out of reach by children.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat artificial flavors or artificial colors

Optimal Adrenal Meets or Exceeds cGMP Quality Standards.



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PHYSICIAN FORMULATED



Optimal Adrenal

Dietary Supplement

90 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 3 Capsules (California Residents should not exceed 1 Capsule Daily) Servings Per Container: 30 (California Residents: 90)

	Amount Per Serving	%DV	Amount Per CA ^a Serving	%DV CA∸
Vitamin C (ascorbic acid)	100 mg	111%	33.33 mg	37%
Pantothenic Acid (as d-calcium pantothenate)	100 mg	2,000%	33.33 mg	667%
Zinc (as Zinc Bisglycinate Chelate [§])	15 mg	136%	5 mg	45%
Ashwagandha Extract (Withania somnifera)(root)(5% withanolides)	150 mg		50 mg	٠
Shilajit Extract (Asphaltum punjabinum)(mineral extract)(50% fulvic acid)	150 mg	•	50 mg	
Schisandra Extract (Schisandra chinensis)(fruit)	100 mg	•	33.33 mg	
Cordyceps Extract (Cordyceps sinensis)(mycelium)(7% cordycepic acids)	100 mg	•	33.33 mg	
Rhodiola Extract (Rhodiola rosea)(root)(3% rosavins and 1% salidroside)	100 mg	•	33.33 mg	
Rosemary Extract (Rosmarinus officinalis)(leaf)(5% rosmarinic acid)	100 mg		33.33 mg	
Siberian Ginseng Extract (Eleutherococcus senticosus)(root)(0.8% eleutheroside)	100 mg		33.33 mg	
American Ginseng Extract (Panax quinquefolius)(root and leaf)(15% ginsenosides	s) 100 mg	•	33.33 mg	
Deglycyrrhizinated Licorice Extract (Glycyrrhiza glabra)(root)	100 mg	•	33.33 mg	•
Coleus Forskohlii Extract (Coleus forskohlii)(root)(10% forskolin)	100 mg	•	33.33 mg	
Ginger (Zingiber officinale)(rhizomes)	5 mg		1.66 mg	

Daily Value (DV) not established ∆ CA (State of California Residents)

Other Ingredients: HPMC (capsule), ascorbyl palmitate, silica, and medium-chain triglyceride oil.

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