

SUGGESTED USE: Take 1 capsule daily without food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, or artificial colors.

Lithium Orotate Meets or Exceeds cGMP Standards.

LITH-100-CAPS REV. 090418



P H Y S I C I A N F O R M U L A T E D



Seeking Health®

Lithium Orotate

5 mg

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

	Amount Per Serving	%Daily Value
Lithium (as lithium orotate)	5 mg	*

* Daily Value Not Established.

Other Ingredients: Microcrystalline cellulose, vegetarian capsule (hypromellose and water), ascorbyl palmitate, L-leucine, and silica.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:

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(800) 547-9812

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