

SUGGESTED USE: 1 capsule, 1 to 2 times daily or as directed by your healthcare professional.

‡Suntheanine® is a registered trademark of Taiyo International, Inc.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if shrinkwrap is broken or missing.

STORAGE: Store in a cool, dry place below 85°F away from direct light. Do not freeze. Keep out of reach of children.

DOES NOT CONTAIN: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, yeast, and soybeans. Contains no artificial colors, flavors, or preservatives.

L-Theanine meets or exceeds cGMP Quality Standards.



T A R G E T E D S U P P O R T



Seeking Health®

L-Theanine

100 MG

Dietary Supplement

60 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 60

Amount Per Capsule

L-Theanine‡	100 mg*
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*Daily Value not established.

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, cellulose, and silicon dioxide.

Manufactured for and Distributed by:

Seeking Health, LLC

3140 Mercer Ave.

Bellingham, WA 98225

(800) 547-9812

Find Other Effective Health Products At:

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