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SUGGESTED USE

Adults take 2 capsules 2 times daily between meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



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gaia
HERBS

BRAIN & COGNITIVE SUPPORT*

Mental Alertness

60 VEGAN LIQUID PHYTO-CAPS[®]
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%*
Proprietary Extract Blend	836 mg	†
Eleuthero root extract, Organic Oats milky seed extract, Fo-Ti root cured, Organic Ginkgo leaf, Organic Gotu Kola leaf, Organic Peppermint leaf, Rosemary leaf supercritical CO ₂ extract		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712
Each 2 capsules contain 2,500 mg dry herb equivalent.



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

(01) 1025-0219



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Connecting
plants & People™
SINCE 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps[®] technology.

Discover our Guiding Truths at:

gaiaherbs.com
[@gaiaherbs](http://gaiaherbs.com)

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gaia
HERBS

NEW LOOK
SAME FORMULA

BRAIN & COGNITIVE SUPPORT*

Mental Alertness

Traditionally for supporting mental clarity, focus & memory*

With Ginkgo leaf, Gotu Kola & Rosemary

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HERBAL SUPPLEMENT

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Eleuthero (*Eleutherococcus senticosus*) root extract, Organic Oats (*Avena sativa*) milky seed extract, Fo-Ti (*Polypodium multiflorum*) root cured, Organic Ginkgo (*Ginkgo biloba*) leaf, Organic Gotu Kola (*Centella asiatica*) leaf, Organic Peppermint (*Mentha x piperita*) leaf, Rosemary (*Rosmarinus officinalis*) leaf supercritical CO₂ extract

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meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified

Corporation

BEST BY: