

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



# Fenugreek



**610 MG** | Supports Overall Wellness\*

**NATURAL WHOLE HERB**  
Herbal Supplement

**100**  
Rapid Release  
Capsules

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **6020**  
[www.vitaminworld.com](http://www.vitaminworld.com)  
**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
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**DIRECTIONS:** For adults, take one (1) to three (3) capsules two to three times daily, preferably with meals. Capsules may be opened and prepared as a tea.

## Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Fenugreek ( <i>Trigonella foenum-graecum</i> ) (seed)	610 mg **

\*\*Daily Value not established.

**Other Ingredients:** Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

**Vitamin World's Guarantee:** We use only the finest quality herbs and spices. Each is screened and finely milled for quick release.

**Vitamin World's** preservative-free gelatin capsules contain pure milled herb powder.

**Vitamin World's** Natural Whole Herb products utilize ground plant parts to provide the natural components found in nature.

Fenugreek has been used around the world as a spice, food and herbal tonic. Fenugreek seeds are a natural source of phytonutrients, which help support overall wellness.\*