

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. **Your health & safety are our first priority!**

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Soy, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. # **4549**  
[www.vitaminworld.com](http://www.vitaminworld.com)

**1-800-228-4533**

Carefully Manufactured by  
Vitamin World, Inc.  
Ronkonkoma, NY 11779 U.S.A.  
©2012 Vitamin World, Inc.

B4548 09F



 **VITAMIN WORLD**  
*get healthy.™*

## SILYMARIN Milk Thistle

Standardized to contain 80% Silymarin



**250 MG** | Supports Healthy  
Liver Function\*

**STANDARDIZED EXTRACT**  
Herbal Supplement

**200**  
Rapid Release  
Capsules

**DIRECTIONS:** For adults, take one (1) capsule three times daily, preferably with meals.

### Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% Daily Value
Milk Thistle Extract ( <i>Silybum marianum</i> ) (seed) (Standardized to contain 80% Silymarin)	250 mg **

\*\*Daily Value not established.

**Other Ingredients:** Rice Flour, Dicalcium Phosphate, Gelatin.  
**Contains <2% of:** Silica, Vegetable Magnesium Stearate.

Milk Thistle contains a group of flavonoids collectively called silymarin, which help maintain healthy liver function.\* In addition, Milk Thistle possesses antioxidant properties that may help fight cell-damaging free radicals in the body.\* Milk Thistle is standardized to 80% Silymarin. This means that you can be assured of receiving a consistent level of active ingredients with each serving.