

SUGGESTED USE: Take 1 capsule when needed with or without food or as directed by your healthcare professional.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

STORAGE: Keep closed in a cool, dry place out of reach by children.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, artificial colors, or artificial flavors.

5-HTP Meets or Exceeds cGMP Quality Standards.



PHYSICIAN FORMULATED



Seeking Health®

5-HTP

50 mg

Dietary Supplement

100 VEGETARIAN CAPSULES

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 100

	Amount Per Serving	%Daily Value
5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i>)(seed)	50 mg	*

* Daily Value (DV) not established.

Other Ingredients: Microcrystalline cellulose, HPMC (capsule), ascorbyl palmitate, and silica.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:

Seeking Health, LLC
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Bellingham, WA 98225
(800) 547-9812

REV. 121817
ZCL-SKGHEALTH-044-01

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