

SUGGESTED USE

Adults take 1 capsule 2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



gaia
HERBS

STRESS SUPPORT*

Holy Basil Leaf

An Adaptogenic Ayurvedic herb

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

	Amount Per Serving	% Daily Value
Total Carbohydrate	<1 g	<1%*
Proprietary Extract Blend	363 mg	†
Organic Holy Basil (<i>Ocimum sanctum</i>) leaf, Holy Basil (<i>Ocimum sanctum</i>) leaf supercritical CO ₂ extract		
Eugenols	8.5 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Vegetable glycerin, sunflower lecithin, water, vegan capsule (hypromellose) and olive oil.
Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712
gaiaherbs.com
Each capsule contains 2,650 mg dry herb equivalent.



This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

[101] 1025-0119



Gaia Farm, Brevard, NC



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PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

Discover our Guiding Truths at:



[@gaiaherbs](http://gaiaherbs.com)

gaia
HERBS

NEW LOOK
SAME FORMULA

STRESS SUPPORT*

Holy Basil Leaf

Traditionally for maintaining emotional well-being & supporting a positive mood*

Also known as Tulsi, an adaptogenic Ayurvedic herb

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meetyourherbs.com

Gaia Herbs delivers unprecedented traceability by screening every product and sharing the results online. See for yourself, and learn more about your herbs, by entering the unique ID # below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
SOY-FREE

Certified



BEST BY: