



MegaFood
Fresh From Farm To Powder™

Kids Daily Multi

Promotes Well-Being & Healthy Development*



with Turmeric, Carrots & Fruit Blend

UNSWEETENED POWDER DIETARY SUPPLEMENT

Net Wt. 49.8 g (1.8 oz)

Supplement Facts

Serving Size: 1 Level Scoop (1.66 g)

Servings per Container 30

Amount per Serving	% DV	Amount per Serving	% DV
• Vitamin A (beta carotene with carrot)	190 mcg RAE 21	• Pantothenic Acid (d-calcium pantothenate with organic brown rice)	8 mg 160
• Vitamin C (ascorbic acid with organic orange)	60 mg 67	• Iodine (mineral bound <i>S. cerevisiae</i>).....	20 mcg 13
• Vitamin D3 (cholecalciferol with <i>S. cerevisiae</i>)	15 mcg 75	• Magnesium (mineral bound <i>S. cerevisiae</i>)....	10 mg 2
• Vitamin E (d-alpha tocopherol [sunflower] with organic brown rice)	6.7 mg 45	• Zinc (mineral bound <i>S. cerevisiae</i>).....	8 mg 73
• Vitamin K (K1) (phytonadione with cabbage)..	25 mcg 21	• Selenium (mineral bound <i>S. cerevisiae</i>).....	3 mcg 5
• Thiamin (B1) (thiamine HCl with <i>S. cerevisiae</i>)	1.5 mg 125	• Copper (mineral bound <i>S. cerevisiae</i>).....	0.08 mg 9
• Riboflavin (B2) (with organic brown rice)	1.7 mg 131	• Manganese (mineral bound <i>S. cerevisiae</i>)	1 mg 43
• Niacin (niacinamide with <i>S. cerevisiae</i>).....	20 mg NE 125	• Chromium (GTF) (mineral bound <i>S. cerevisiae</i>)	20 mcg 57
• Vitamin B6 (pyridoxine HCl with <i>S. cerevisiae</i>)	2 mg 118	• Molybdenum (mineral bound <i>S. cerevisiae</i>)....	2 mcg 4
• Folate (folic acid with broccoli)	170 mcg DFE 43		
	(100 mcg folic acid)	• Fruit Phenolic Blend	
• Vitamin B12 (cyanocobalamin with <i>S. cerevisiae</i>).....	5 mcg 208	(Organic Whole Orange, Organic Cranberry, Organic Blueberry).....	300 mg **
• Biotin (with organic brown rice).....	300 mcg 1000	• Turmeric Root.....	200 mg **
		** % Daily Value (DV) not established	

Suggested Use: For ages 5 and over, blend one level scoop with 6-8 ounces of your child's favorite smoothie, shake or juice. Keep lid tightly sealed and once open, consume within 3 months.

MegaFood Kids Daily Multi contains a variety of real foods and turmeric and may intensify the natural flavor of any beverage to which it is added. It has no added sugar, sweeteners, flavorings, preservatives or fillers.

MegaFood Kids Daily Multi contains a broad range of vitamins and minerals delivered with farm-fresh fruits and turmeric to support healthy growth and development of children 5 years of age and older with balanced nutritional support.*

• This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. Each vitamin or mineral is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself.* See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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