

SUGGESTED USE

Adults take 1 capsule 1-2 times daily with meals.

Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Gaia Farm, Brevard, NC

Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

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Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

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HERBS

DIGESTIVE SUPPORT*

Ginger Supreme

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

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HERBS

NEW LOOK
SAME FORMULA

DIGESTIVE SUPPORT*

Ginger Supreme

Traditionally for supporting healthy digestion*

Provides relief from occasional nausea*

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	
Organic Ginger (<i>Zingiber officinale</i>) root supercritical CO ₂ extract	150 mg†
Pungents	20 mg†
Turmeric (<i>Curcuma longa</i>) root supercritical CO ₂ extract	25 mg†

† Daily Value not established.

Other ingredients: Sunflower lecithin, water and vegan capsule (hypromellose).

Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Each capsule contains 3,000 mg dry herb equivalent.

gaiaherbs.com
@gaiaherbs

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This paper is made from 100% recycled cardboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

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