

Vitamin World products are subject to critically stringent quality assurance analysis. Our state-of-the-art laboratory, manufacturing and packaging facilities insure the highest quality nutritional supplements money can buy. *Your health & safety are our first priority!*



No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Soy, No Wheat, No Fish. Sodium Free.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

NOTICE: Take this product with at least 8 ounces of water or other fluid. Taking this product without adequate fluid may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Do not take before bedtime. Fiber products can affect the absorption of many medications. Do not take this product within 2 hours of taking medications.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER PROD. #13984

www.vitaminworld.com

1-800-228-4533

Carefully Manufactured by
Vitamin World, Inc.
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INSPIRED BY NATURE

Fiber Force 6

Multi Fiber
Regularity, Colon &
Digestive Care*

DIETARY FIBER SUPPLEMENT
200 rapid release
capsules

DIRECTIONS: For adults, take six (6) capsules daily with at least 8 ounces of water or other fluid.

Supplement Facts

Serving Size 6 Capsules
Servings Per Container 33

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%**
Dietary Fiber	4 g	14%**
Soluble Fiber	3 g	***
Protein	<1 g	1%**
Fiber Blend Concentrate	4,102 mg (4.1 g)	***
which contains Natural Fiber from Psyllium Seed Husk (seed), Apple Pectin (fruit), <i>Lactobacillus Acidophilus</i> , Kidney Bean, Oat Bran (seed), Prune Powder (fruit), Peach Fiber (fruit), Broccoli (flower), Cauliflower (plant), Carrot (root)		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium Stearate, Silica.

Fiber adds roughage to the diet, which is important for digestion and elimination.* Fiber Force 6 is a good dietary source of fiber and helps alleviate occasional constipation and maintain regularity.* As a daily addition to your diet, one serving of Fiber Force 6 contributes up to 4 grams of the 25-30 grams of fiber you need daily to maintain good dietary health.*