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SUGGESTED USE

Adults take 1 teaspoon once daily mixed
in water or any beverage of your choice.

Not for use during pregnancy or lactation. If you
have a medical condition or take medications,
please consult with your doctor before using
this product. **Keep away from children.** Store
out of direct sunlight and in a cool, dry place.

⚠ WARNING: Reproductive Harm -
www.P65Warnings.ca.gov/food

* THESE STATEMENTS HAVE NOT BEEN
EVALUATED BY THE FOOD AND DRUG
ADMINISTRATION. THIS PRODUCT IS
NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.



gaia
HERBS



ENERGY THRIVE™

With Cordyceps, Rhodiola & Ashwagandha
Supports the health of physically active individuals*

HERBAL SUPPLEMENT | NET WT 3.53 oz (100 g) | VEGAN & GLUTEN-FREE

[10-1] 0119

Manufactured for: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth

Supplement Facts			
Serving Size 1 Teaspoon (2.6 g)		Servings Per Container about 38	
Amount Per Serving		Amount Per Serving	
% Daily Value		% Daily Value	
Calories	10	Proprietary Herbal Blend	2.6 g †
Total Carbohydrate	2 g <1%*	Organic Maca (<i>Lepidium meyenii</i>) root, Organic Astragalus (<i>Astragalus membranaceus</i>) root, Organic Cordyceps (<i>Cordyceps militaris</i>) fruiting body extract, Organic Rhodiola (<i>Rhodiola rosea</i>) root extract, Organic Shiitake (<i>Lentinus edodes</i>) fruiting body extract, Organic Ashwagandha (<i>Withania somnifera</i>) root, Organic Schisandra (<i>Schisandra chinensis</i>) berry	
Dietary Fiber	<1 g 2%*	* Percent Daily Values are based on a 2,000 calorie diet.	
Total Sugars	<1 g †	† Daily Value not established.	
Iron	0.5 mg 3%		

