

MetaFiber® is a blend of soluble and insoluble fiber, providing 6 grams of dietary fiber per serving. This low-allergy-potential fiber blend is designed to support healthy intestinal transit time and bowel regularity, and offers excellent support for those with occasional constipation.* MetaFiber is great for those who are sensitive to psyllium, wheat, corn, or citrus.

Directions: Blend, shake, or briskly stir about 1 level scoop (9.5 grams) of MetaFiber into 8 fluid ounces of juice or other beverage as directed by your healthcare professional.

This product is non-GMO and vegetarian.

Storage: Keep tightly closed in a cool, dry place.

Tamper Evident: Do not use if safety seal is missing or broken.

Contents sold by weight, not volume. Some settling may occur during shipping and handling. Serving size is measured by weight with a scoop included for your convenience. The amount of product contained in one scoop may be above or below 9.5 grams due to variations in handling and product density.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



MetaFiber®

Fiber blend to support GI regularity*

PRACTITIONER EXCLUSIVE

Vegetarian

Dietary Supplement
NET WT. 12.73 oz (361 g)

Non-GMO

Supplement Facts

Serving Size About 1 Scoop (9.5 g)
Servings Per Container 38 (by weight)

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	1 g	2%*
Total Carbohydrate	6 g	2%*
Dietary Fiber	6 g	24%
Soluble fiber	1 g	**
Insoluble fiber	5 g	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established

Ingredients: Rice bran, isomalto-oligosaccharide, oat fiber,[†] apple fiber, cellulose, olive oil, and d-alpha tocopheryl acetate (antioxidant).

MANUFACTURED BY: METAGENICS
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[†]Oat Fiber is processed in a facility that also processes gluten containing materials.