

Supplement Facts

Servings Per Container 30

Serving Size 1 Pack

Amount Per Pack		%DV
Magnesium	72mg	18%
Selenium (as sodium selenite)	100mcg	143%
Foundational Creatine Matrix with Creatine MagnaPower®		
Creatine Monohydrate	3000mg	**
Tricreatine Matrix (TCM) (creatine gluconate, creatine orotate, creatine AKG)		**
Magnesium Creatine Chelate		**
NO Blast Complex		
Arginine Alpha-Ketoglutarate (Arginine-AKG)	2000mg	**
Beta Alanine		**
Citrulline Malate		**
L-Carnosine		**
L-Norvaline		**
Energy Rush Complex		
Methylxanthine Complex (caffeine, theobromine, theophylline)	500mg	**
Evodiamine		**
Antioxidant Complex		
Grapeseed Extract (polyphenols)	700mg	**
N-Acetyl Cysteine (NAC)		**
Green Tea Leaf Extract (EGCG)		**
Na-R-Alpha Lipic Acid (Na-R-ALA)		**
Pump Transport Complex with Cinnulin PF™ and Bioperine®		
Taurine	1000mg	**
Ginger Root (gingerols, shogaols)		**
Cinnamon Bark Extract		**
Fenugreek Seed Extract (4-hydroxyisoleucine)		**
Piper Nigrum Fruit Extract		**

**Daily Value (DV) not established.

OTHER INGREDIENTS: Dicalcium phosphate, gelatin, Methylxanthine Complex (caffeine anhydrous, kola nut seed powder and guarana seed powder), microcrystalline cellulose, maltodextrin, magnesium stearate, stearic acid, titanium dioxide, evodia root extract, FD&C Yellow #5, FD&C Red #40, FD&C Blue #1, pharmaceutical glaze. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

INGREDIENT NOTES: Creatine MagnaPower (Magnesium Creatine Chelate) is a registered trademark of Albion Laboratories, Inc., and is covered by U.S. Patent 6,114,379 and patents pending. Bioperine® is a registered trademark of the Sabinsa Corporation (U.S. Patents #5,536,506, #5,744,161, #5,972,382). Cinnulin PF™ is a registered trademark of Intervit Nutraceuticals International. Antioxidant Complex includes sodium selenite in the 700 milligrams. Citrulline Malate is licensed under U.S. Pat Nos. 5,874,471 and 6,028,107. Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark Carnosyn®.

DOSAGE: As a "core" or foundational preworkout supplement, take a single pack 30-45 minutes before you lift, preferably on an empty stomach. As each pack also contains your full, daily dose of creatine, take Pump every day for optimal results. On non-training days, you can take the pack around the same time as you would if you were training. You can remove the red capsule (stims) on off days, or if you train at night.

WARNING: Exercise good judgment and keep this out of reach of children. To keep it as fresh as possible, store this product in a cool, dry place, away from heat, moisture and sunlight. You know the drill. California Residents: ⚠ **WARNING:** Reproductive Harm - www.P65Warnings.ca.gov.

Plant US #3001104580

CarnoSyn
Carnitine Synthesizer



ERC



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...UP THE
VOLUME

ANIMAL
TRAINING PACKS

PUMP

WHO WE ARE In 1983, Animal was founded with the birth of Animal Pak, the venerable training "pack" that started it all. Born from the real needs and desires of professional bodybuilders, Animal has grown prodigiously over the decades. Today, as yesterday, the name Animal stands for trust, integrity and a unique no nonsense approach to the game. Animal also represents a group of products that have stood the test of time, proven again and again in the labs, and in the trenches where it counts most... The gym and the stage. Dedicated to serious nutrition for the serious athlete, Animal is your choice when it comes to complete and comprehensive supplementation. Animal. The choice of champions. **WHAT ANIMAL PUMP® IS** Up the volume with Animal Pump, the "core" pre-workout product for "pumps". For the bodybuilder, getting the pump is the name of the game, what it's all about. It's not just an addictive feeling. Your muscles don't just feel bigger. They are. A pump signals the start of oxygen and nutrient-rich blood flooding into the muscle, setting the table for new growth. So is your table set? **OUR IRONCLAD GUARANTEE** Animal is dedicated to being the best in the business, no two ways about it. If this product doesn't meet with your tough requirements for any reason, let us know. When it comes to standing behind our products, we don't mess around. That's the truth.

Dietary Supplement | 30 Packs The Preworkout Muscle Volumizing Stack Foundational Creatine Matrix | NO Boosters | Antioxidants* | Stims | Nootropics | Pump Transport Complex | Cell Volumizing† .0518-G-35637