

**KEEP OUT OF REACH
OF CHILDREN.**
Store in a cool, dry place.

For More Information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222 USA

ACTUAL SIZE



GNC

Selenium

200 MCG

Helps fight cell-damaging
free radicals*

DIETARY SUPPLEMENT
200 VEGETARIAN CAPLETS

CODE 004612

ISG

Selenium is an essential mineral to build antioxidant enzymes in the body.*

Directions: As a dietary supplement, take one caplet daily. For maximum benefits, take as directed every day.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value	
Calcium	35 mg	4%
Selenium (as Selenium Yeast)	200 mcg	286%

Other Ingredients: Cellulose, Dicalcium Phosphate.

CONTAINS: Wheat.

All mineral amounts shown are elemental.

Potency verified by GNC procedure #4000. Conforms to USP <2091> for weight. Meets USP <2040> for disintegration.

No Sugar, No Artificial Colors, No Artificial Flavors, No Preservatives, Sodium Free, No Corn, No Dairy.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lot No./Best By: