



MegaFood®
Fresh From Farm To Tablet™

Complex C

Helps Support the
Immune System*



30
TABLETS
30
SERVINGS

ANTIOXIDANT
DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet
Servings per Container 30

	Amount per Serving	% DV
Vitamin C (ascorbic acid with organic orange)	250 mg	278
Organic Bioflavonoid Complex Blend	120 mg	**
Organic Amla Fruit, Organic Rosehips, Organic Orange Peel, Organic Green Bell Pepper		
Fruit Phenolic Blend	35 mg	**
Organic Whole Orange, Organic Cranberry, Organic Blueberry		

** % Daily Value (DV) not established

Other Ingredients: Organic Brown Rice, Cellulose, Stearic Acid, Silica.

Suggested Use: 1 tablet daily. May be taken anytime throughout the day, even on an empty stomach.

MegaFood Complex C contains FoodState® Vitamin C combined with two colorful food blends to deliver a broad spectrum of phytonutrients to help support your immune system.*

* This MegaFood product is made with real food and added nutrients. Each vitamin is paired with an ideal whole food using our unique process to deliver guaranteed potency and the benefit of health-promoting compounds present in the whole food itself.* See how they're made at megafood.com/showme. Satisfaction guaranteed or your money back.



We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Made with Love by MegaFood, PO Box 5244,
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