

Milk Thistle (especially a flavonoid called silymarin) protect the liver from toxins*. Silymarin has antioxidant and anti-inflammatory properties.

Suggested Use: Use as a Dietary Supplement. Take 2 capsules a day, preferably with food or as directed by your doctor.

Warning: Do not use ■ If pregnant or nursing, ask a physician before use ■ if taking any medication or have any medical condition ■ if allergic to any of the ingredients ■ if any adverse reactions occur. ■ Not intended for use by person under the age of 18. ■ In case of accidental overdose, get medical help or contact a Poison Control Center immediately.

Do not use if either seal is torn, broken or missing

KEEP OUT OF THE REACH OF CHILDREN

Store at controlled room temperature between 15° and 30°C (59°-86°F).



Distributed by:

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www.germa.net



**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



GERMA®

Silymarin

Milk Thistle

*Supports
Healthy
Liver Function***



**620
MG**

**DIETARY
SUPPLEMENT**

**90
CAPS**

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 45

Amount Per Capsule

Milk Thistle Extract (seed) 620 mg*
Standardized to contain 80% silymarin

* Daily Value not established.

Other Ingredients: Magnesium Stearate, Cellulose & Gelatin

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