

Minerals

Family owned since 1968.

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 125

	Amount Per Serving	% Daily Value
Calcium (from Calcium Carbonate, Calcium Citrate, Calcium Ascorbate)	1 g (1,000 mg)	77%
Magnesium (from Magnesium Oxide, Magnesium Citrate, Magnesium Ascorbate)	500 mg	119%

Other ingredients: Microcrystalline Cellulose, Silicon Dioxide, Vegetarian Coating, Croscarmellose Sodium, Hydroxypropyl Cellulose and Stearic Acid (vegetable source).

Quality Tested & Packaged by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.



Calcium & Magnesium

Supports Bone Health*

High in Calcium & Magnesium

2:1 Ratio

250 Tablets

A Dietary Supplement Vegetarian/Vegan



Suggested Usage: Take 2 tablets daily. Can be taken in divided doses.

NOW® Calcium & Magnesium combines two essential minerals that work together to maintain several critical physiological processes.* They are both necessary for normal neural, muscular, and blood vessel function, as well as for the maintenance of proper bodily fluid balance.* Calcium and magnesium also support the formation and maintenance of a healthy skeleton.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

TABLET SIZE

CODE 1272F V7



7 33739 01272 2