

Suggested Usage: Take 1 softgel daily with a meal.

Vitamin E is a major antioxidant and the body's primary defense against lipid peroxidation.* Selenium is an essential trace mineral that has been included as a complement to vitamin E.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

SOFTGEL
SIZE

CODE 0906 V11



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Natural E-400

Antioxidant Protection*

- d-alpha with Mixed Tocopherols
- Plus 100 mcg of Selenium

100 Softgels

A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as unesterified d-alpha Tocopherol)	400 IU	1333%
Selenium (from Selenium Yeast)	100 mcg	143%
Natural Mixed Tocopherols (d-beta, d-gamma, d-delta)	48 mg	†

† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob), Soybean Oil, Beeswax and Soy Lecithin.

Quality Tested & Packaged by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Contains no titanium dioxide. Separation and color variation in the softgel may occur. This is natural and doesn't affect product quality.

