

Natural product, free of Sugar, Sodium, Starch, and Artificial Flavors. A natural and rich fiber diet to obtain bowel movements.**

Suggested Use: Use as a Dietary Supplement. Take 1 capsule with your last meal of the day with a glass of water.

Warning: Do not use ■ If pregnant or nursing, ask a physician before use ■ if taking any medication or have any medical condition ■ if allergic to any of the ingredients ■ if any adverse reactions occur. ■ Not intended for use by person under the age of 18. ■ **In case of accidental overdose**, get medical help or contact a Poison Control Center immediately.

Do not use if either seal is torn, broken or missing

KEEP OUT OF THE REACH OF CHILDREN

Store at controlled room temperature between 15° and 30°C (59°-86°F).

Distributed by:

Germa Products, LLC

12300 SW 132 Ct., Miami, FL 33186

Questions or Comments: 1-305-278-0033, M-F, 9-5 Eastern

www.germa.net

****These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**



GERMA®

Cascara Sagrada

Rhamnus Purshiana Bark

*Helps Promote
Occasional
Irregularity.***



**500
MG**

**DIETARY
SUPPLEMENT**

**100
CAPS**

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 100

Amount Per Capsule

Cascara Sagrada Bark

500 mg*

* Daily Value not established.

Other Ingredients: Magnesium Stearate, Cellulose, & Gelatin

