



Informed-Choice® is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned substances by the world class sports anti-doping lab, LGC.

| AMOUNTS<br>PER<br>SERVING | PROTEIN    | CALORIES   | CARBS     | FAT         | SUGAR     | BCAAs       | LEUCINE     |
|---------------------------|------------|------------|-----------|-------------|-----------|-------------|-------------|
|                           | <b>25g</b> | <b>130</b> | <b>3g</b> | <b>1.5g</b> | <b>0g</b> | <b>5.4g</b> | <b>2.3g</b> |

Elite Casein helps to keep your muscles supplied with a steady stream of amino acids, the building blocks of muscle protein.

### SUSTAINED-ABSORBING 100% MICELLAR CASEIN

Casein is a unique protein derived from milk that breaks down more slowly in the digestive system which increases satiety and provides a slower release of muscle-building amino acids. So if your goal is to build muscle or avoid muscle protein breakdown between meals or during sleep, Elite Casein is an excellent protein choice.

Elite Casein uses a cross-flow microfiltration processing to help preserve the natural state of casein protein's important muscle building properties.

Elite Casein is formulated by in-house research and development scientists by carefully selecting ingredients that meet strict quality standards and specifications.

All Elite Casein flavors are developed in-house so they are a delicious way to support those gains and your hard work. Instantized formulas provide easy mixing, ensuring that you get world class taste and a smooth, rich consistency in every casein shake.

### REAL SCIENCE & QUALITY

Dymatize® proteins are formulated based on the latest science and put to the test in university studies and at elite professional training facilities. Dymatize products are always manufactured in GMP and Sport Certified facilities, meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice® ([www.informed-choice.org](http://www.informed-choice.org)).

### DYMATIZE PROTEIN TECH

100% of the protein claimed per serving is derived from high-quality, pure, intact proteins. We do not amino spike.

GET **DYMATIZED**



**Dymatize®**

PROTEIN  
**25g**

BCAAs  
**5.4g**

LEUCINE  
**2.3g**

**ELITE  
CASEIN**

**PROTEIN POWDER  
100% MICELLAR CASEIN\***

**26 SERVINGS**  
BANNED SUBSTANCE TESTED • GLUTEN FREE

**CINNAMON BUN**  
naturally and artificially flavored

NET WT 32 OZ (2 LB) 907 g

SOLD BY WEIGHT NOT VOLUME

**CINNAMON BUN**  
naturally and artificially flavored

25mg (100% DV) Vitamin C  
Per Scoop (35g)



**DIRECTIONS:** Mix one scoop (included) of Dymatize Elite Casein with 10-12 oz. of your favorite beverage. For optimal results, drink in the evening before bed, in place of small meals, or any other time a steady amino release is desired.

### Nutrition Facts

Serving Size: 1 Scoop (35g)  
Servings Per Container: About 26

| Amount Per Serving           |                     |     |
|------------------------------|---------------------|-----|
| <b>Calories</b> 120          | Calories from Fat   | 15  |
|                              | % Daily Value*      |     |
| <b>Total Fat</b> 1.5g        |                     | 2%  |
| <b>Saturated Fat</b> 0g      |                     | 0%  |
| <b>Trans Fat</b> 0g          |                     |     |
| <b>Cholesterol</b> 20mg      |                     | 7%  |
| <b>Sodium</b> 250mg          |                     | 10% |
| <b>Potassium</b> 125mg       |                     | 4%  |
| <b>Total Carbohydrate</b> 3g |                     | 1%  |
| <b>Dietary Fiber</b> 0g      |                     | 0%  |
| <b>Sugars</b> 0g             |                     |     |
| <b>Protein</b> 25g           |                     | 50% |
| <b>Vitamin A</b> 0%          | <b>Vitamin C</b> 0% |     |
| <b>Calcium</b> 60%           | <b>Iron</b> 2%      |     |

\*Percent Daily Values are based on a  Your daily values may be higher or lower depending on your calorie needs:

|                           | Calories: 2,000   | 2,500   |
|---------------------------|-------------------|---------|
| <b>Total Fat</b>          | Less than 65g     | 65g     |
| <b>Saturated Fat</b>      | Less than 20g     | 25g     |
| <b>Cholesterol</b>        | Less than 300mg   | 300mg   |
| <b>Sodium</b>             | Less than 2,400mg | 2,400mg |
| <b>Potassium</b>          | 3,500mg           | 3,500mg |
| <b>Total Carbohydrate</b> | 300g              | 375g    |
| <b>Dietary Fiber</b>      | 25g               | 30g     |
| <b>Protein</b>            | 50g               | 65g     |

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** MICELLAR CASEIN, SUNFLOWER CREAMER (SUNFLOWER OIL, MALTODEXTRIN, MICELLAR CASEIN, SOY LECITHIN, SODIUM CITRATE, TRICALCIUM PHOSPHATE), NATURAL AND ARTIFICIAL FLAVORS, SALT, SUNFLOWER LECITHIN, XANTHAN GUM, SUCRALOSE, POTASSIUM CHLORIDE, ACESULFAME POTASSIUM.

**CONTAINS: MILK AND SOY.**

Manufactured for and distributed by:  
Dymatize Enterprises, LLC  
Dallas, TX 75207 USA  
(888) 334-5326

### TYPICAL AMINO ACID PROFILE\*

**25g TOTAL AMINO ACIDS PER SERVING**

BCAAs  
**5.4g**

LEUCINE  
**2.3g**

OTHER EAAs  
**5.9g**

**44%**  
ESSENTIAL AMINO ACIDS (EAAs): **11.3g**  
**Why Leucine?**  
Leucine is the BCAA that is directly involved in activating Muscle Protein Synthesis.

GLUTAMINE\*  
**5.1g**

OTHER EAAs  
**2.7g**

**31%**  
CONDITIONALLY ESSENTIAL AMINO ACIDS (CEAAs): **7.8g**  
**Is Glutamine important?**  
Yes! Glutamine supports muscle recovery after strenuous workouts.

NON-EAAs  
**6.2g**

**25%**  
NON-ESSENTIAL AMINO ACIDS (NON-EAAs): **6.2g**  
**Why is non-essential... essential?**  
Non-Essential amino acids are foundational building blocks of muscle!

\*All Amino Acids are naturally occurring in protein. Amounts are based on one serving. Full Amino Acid Profile can be found at: [Dymatize.com/EliteCasein](http://Dymatize.com/EliteCasein)  
\*includes Glutamic Acid



STORE IN A COOL, DRY PLACE.  
KEEP OUT OF REACH OF CHILDREN.

**DYMATIZE.COM**



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