

SUGGESTED USAGE: Mix 1 level scoop with 4-6 oz. of water or juice. For best results take on an empty stomach 20 minutes before bed or exercise - 5 days on/2 days off.

NOW® Sports Pro-GH™ is an amino acid supplement formulated to support optimal sports performance.* Pro-GH™ has arginine, ornithine, lysine, and glutamine, which are critical for normal endocrine function and help to promote muscle tissue growth and recovery.* These same amino acids are also essential for the production and maintenance of nitric oxide (NO) within blood vessels, further supporting the body's optimal response to intense physical training.* Glycine, known for its role in glycogen synthesis, has been included to support muscular energy output.* Finally, glutamine and glycine help to support healthy immune system responses, especially during times of physical stress and intense exercise.* NOW® Sports Pro-GH™ thus combines the amino acids needed to help you attain your training goals into one convenient product.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. This product may cause temporary, but transient GI discomfort. Do not use if pregnant or nursing. Consult physician if taking medication (including those that affect kidney function or blood pressure) or have a medical condition (including glaucoma, herpes simplex, impaired kidney function, coronary artery disease, or if you have had a myocardial infarction). Keep out of reach of children.



PRO-GH™

AMINO ACIDS



FRUIT PUNCH FLAVOR



Code 0207BN v5



NET WT. 612 G (21.6 OZ.)
A Dietary Supplement



Supplement Facts

Serving Size 1 Level Scoop (approx. 18 g)
Servings Per Container about 34

	Amount Per Serving	% Daily Value
Calories	35	
Total Carbohydrate	9 g	3%*
Total Sugars	8 g	†
Includes 8g Added Sugars		16%*
L-Arginine	1.5 g	†
L-Ornithine (from 2 g L-Ornithine HCl)	1.5 g	†
L-Lysine (from 669 mg L-Lysine HCl)	500 mg	†
L-Glutamine	2 g	†
Glycine	2 g	†
GABA (Gamma-Aminobutyric Acid)	500 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Fructose, Citric Acid, Silicon Dioxide, Malic Acid, Natural Flavors, Beet Powder and Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides).

Manufactured & Quality Tested by NOW FOODS
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nowsportsproducts.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

This product is sold by weight not volume.

Store in a cool, dry, dark place after opening.