

**Suggested Usage:** Chew 1 tablet 1 to 3 times daily as needed, preferably on an empty stomach.

Theanine is a unique amino acid found naturally in the tea plant (*Camellia sinensis*). Theanine promotes relaxation while maintaining alertness and promotes healthy cognitive function.\* Theanine may also support healthy vascular function through this relaxing effect.\*

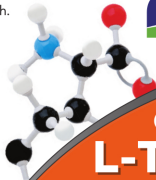
\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Consult physician if pregnant/nursing, taking medication (especially blood pressure medications), or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.

Store in a cool, dry place after opening.

CODE 0144 v2



# Chewable L-Theanine 100 mg

Tension Management\*

- Promotes Relaxation\*
- Healthy Vascular Function\*
- With Inositol and Taurine

90 Chewables

A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

## Supplement Facts

Serving Size 1 Chewable Tablet

### Amount Per Serving

L-Theanine	100 mg*
Inositol	100 mg*
Taurine (Free-Form)	100 mg*

\* Daily Value not established.

Other ingredients: Xylitol, Sorbitol, Microcrystalline Cellulose, Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Natural Flavors, Silicon Dioxide, Malic Acid, Organic Stevia Leaf Extract (Enzyme-Modified Steviol Glycosides), Magnesium Stearate (vegetable source) and Beet Powder.

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Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.