

Flora Grow® is a blend of friendly bacteria normally found in healthy infants, children and adults and is designed to help maintain a healthy bowel environment.* Along with other program components, Flora Grow helps make up Arise & Shine's renowned **Cleanse 14®** and **Cleanse 28®**.

Suggested Intake: 1 capsule daily after a meal or as directed by a health care professional.

Flora Grow is suitable for Vegetarians, GMO free and Gluten free.

Storage: Refrigerate with lid tightly sealed.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



rev. 3

Arise & Shine®

TRANSFORMATIONAL CLEANSING®

Flora Grow®

Probiotic Formula
Dietary Supplement
60 Vegetable Capsules

Supplement Facts

Serving Size: 1 capsule

Servings Per Container: 60

	Amount Per Serving	% Daily Value
A&S Probiotic Mix:	300mg - 12 Billion CFU	**
Bifidobacterium longum		
Bifidobacterium bifidum		
Bifidobacterium lactis		
Lactobacillus acidophilus		
Lactobacillus casei		
Bifidobacterium breve		
Lactobacillus plantarum		
Bifidobacterium animalis lactis		

** Daily Value not established.

Other Ingredients: Rice maltodextrin, Capsule (Hypromellose and Water) and Medium chain triglycerides (MCT).

Distributed by: Avalon Acres, Inc. PO Box 2845 Mt Vernon, WA 98273 USA

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