Chomper® with Cayenne is designed to gently assist the systemic cleansing of the body while supporting bowel regularity. For centuries, it has been believed by many herbalists that cayenne enhances the potential of other herbs. When cayenne is added to Chomper® the combination becomes one of the most powerful in the Arise & Shine Cleansing Program.®

Along with other program components, Chomper® with Cayenne helps make up the renowned Arise & Shine cleansing programs, Cleanse 14th and Cleanse 28th, For more information read the Arise & Shine Cleanse Guide.

Suggested Intake:

3 capsules or more as needed taken between meals, or at least 90 minutes after a Psyllium shake during the cleansing process with an equal amount of Herbal Nutrition, or as directed by your health care professional.

The herbs contained in Chomper® with Cayenne are Organically grown, wildcrafted or grown without chemicals.

| Storage Recommendations: Keep cool and dry with lid tightly sealed.

Notice:

This product contains Cascara Sagrada (bark) and Rhubarb (root). Read and follow directions carefully. Do not use if you have or develop diarrhes, loose stools, or abdominal pain, because Cascara Sagrada (bark) and Rhubarb (root) may worsen these conditions and be farmful to your health, consult your physician nursing, taking medication, or have a medical condition.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





Chomper® with Cayenne

Herbal Dietary Supplement
120 Vegetable Capsules

Net weight 56.4 grams/1.99 ounces

Supplement Facts

Serving Size: 3 capsules Servings Per Container: 40

| | Amount Per Serving | % Daily Value |
|--|-----------------------|------------------|
| Meadow Mix: Cascara Sagrada (bark) Plantain (leaf) Barberry (root bark) Sheep Sorrel (leaf) | 750 mg | ** |
| Herbal Garden Mix: Fennel (seed) Ginger (root) Turkey Rhubarb (root) Red Raspberry (leaf) Baikal Skullcap (root) Myrrh Gum (resin) Lobelia (leaf) Cayenne Pepper (fruit) | 660 mg | ** |

** Percent Daily Value not established

Other Ingredients: Vegetarian Capsule (Hypromellose and Water) Distributed by:

Avalon Acres, Inc. PO Box 2845 Mount Vernon, Washington 98273 USA

1-800-688-2444 Customer Care: info@ariseandshine.com