

BANYAN[®]
BOTANICALS

AYURVEDIC HERBS

I Sleep Soundly[™]

Promotes Sound, Restful Sleep*



90 Tablets
Dietary Supplement

Certified Organic

Supplement Facts

Serving Size: 2 tablets

Servings Per Container: 45

Amount
Per Serving

Proprietary Blend **1000mg****

Eclipta leaf (Bhringaraj), *Eclipta alba*+

Valerian root, *Valeriana officinalis*+

Skullcap herb, *Scutellaria lateriflora*+

Passionflower herb, *Passiflora incarnata*+

Indian Tinospora stem (Guduchi), *Tinospora cordifolia*+

Chamomile flower, *Matricaria recutita*+

Ashwagandha root, *Withania somnifera*+

Finger-leaf Morning Glory root (Vidari Kanda), *Ipomoea digitata*+

Fennel seed, *Foeniculum vulgare*+

Long Pepper fruit (Pippali), *Piper longum*+

Nutmeg seed, *Myristica fragrans*+

**Daily Value not established

Other ingredients, from natural sources: organic gum acacia,
organic rice flour.

+Certified Organic

Suggested Use: Take 1–2 tablets 1/2 hour before going
to bed, or as directed by your health practitioner.

Not to be used during pregnancy. If you are nursing,
taking medications, or have a medical condition, please
consult with your health care practitioner prior to the use
of this product. Keep out of the reach of children.

*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.



Store in a cool, dry place. Do not use if
seal is broken or missing. Free of gluten,
soy, and dairy. 100% vegetarian.

1-800-953-6424 banyanbotanicals.com

Distributed by
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Certified Organic by
New Mexico Department
of Agriculture

