

SUGGESTED USAGE: Take 2 capsules daily as needed, preferably with juice or water on an empty stomach, before exercise or at bedtime.

Arginine & Ornithine combines two complementary amino acids in one convenient supplement. Arginine is required for proper elimination of urea from the body, which occurs through a critical metabolic cycle that detoxifies the body of nitrogen compounds that are normal by-products of protein metabolism.* Ornithine is synthesized from arginine and is a precursor of citrulline, proline and glutamic acid.* Both of these amino acids are popular with athletes and other active individuals.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Do not use if history of myocardial infarction or established coronary artery disease. Consult physician if pregnant/nursing, taking medication, or have a medical condition (including herpes and/or glaucoma). Keep out of reach of children.

Code 0040N v5



ARGININE & ORNITHINE

500 MG / 250 MG

AMINO ACIDS



100 CAPSULES
A Dietary Supplement



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 50

Amount Per Serving

L-Arginine (Free-Form)	1 g (1,000 mg)*
L-Ornithine (from L-Ornithine HCl)	500 mg*

* Daily Value not established.

Other ingredients: Bovine Gelatin (capsule) and Magnesium Stearate (vegetable source).

Manufactured & Quality Tested by NOW FOODS
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nowsportsproducts.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.