SUGGESTED USAGE: Take 4 capsules daily. preferably with juice

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Natural color variation may occur in this product.

Typical Amino	Acid Profile	(example) (per serv	ring)**
Essential Amino Acids	mg Per 4 Capsule Serving	Non-Essential Amino Acids	mg Pe 4 Capsul Servin
L-Histidine	37	L-Alanine	135
L-Isoleucine***	115	L-Arginine	306
L-Leucine***	205	L-Aspartic Acid	246
L-Lysine	185	L-Cysteine	38
L-Methionine	35	L-Glutamic Acid	454
L-Phenylalanine	72	L-Glutamine	200
L-Threonine	141	Glycine	167
		L-Hydroxyproline	44
L-Tryptophan	37	L-Ornithine	24
L-Valine***	141	L-Proline	179
**subject to natural variability		L-Serine	106
		L-Tyrosine	66

***Branched-Chain Amino Acids EUA # 3007664609









AMINO ACIOS









A Dietary Supplement



Supplement Facts

Serving Size 4 Capsules Servings Per Container 30

Amount

% Daily

Per Serving Value Calories 6%* Protein 3 a Vitamin B-6 (from Pyridoxine HCI) 765% 13 ma

Blend of peptide-bound 3 g (3,000 mg) Amino Acid sources (Whey Protein Isolate, Soy Protein Isolate, Sodium Caseinate, Bovine Gelatin) plus Amino Acids (L-Glutamine, L-Arginine, L-Ornithine)

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Bovine Gelatin (capsule), Hydroxypropyl Cellulose, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silicon Dioxide.

Contains milk and soy.

Manufactured & Quality Tested by NOW FOODS 395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

nowsportsproducts.com Not manufactured with wheat, aluten, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry, dark place after opening.





