

HEALTHY BRAIN BOOST*
SUSTAINED ENERGY†

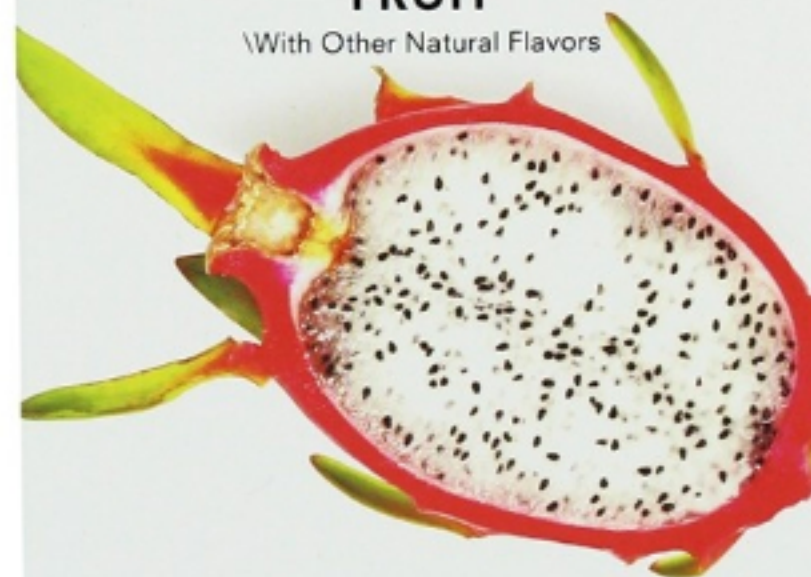
12 STICK
PACKS

Älsa™

Energy Drink Mix
For Body + Mind

DRAGON
FRUIT

(With Other Natural Flavors)



10.1g PER STICK
NET WT 4.28 OZ (121g)

Vegan •• Gluten Free •• Dietary Supplement

THE ÄLSA™ DIFFERENCE:

Cognizin® Citicoline*

Provides sustained mental energy, enhanced focus and healthy memory function.†

PUREENERGY®* Compared to ordinary caffeine, provides caffeine 25% longer and delivers 51% more at 6 hours.†

pTeroPure® Pterostilbene*

Antioxidant; helps maintain normal blood pressure and blood sugar levels.†

••
Vitamins C, B6 and B12
Immune support
Electrolytes
Enhanced hydration

••
White Tea & Yerba Maté
Extracts

••
Natural Energy &
Antioxidants

*patented, clinically studied

PUREENERGY® Caffeine-pTeroPure® Co-crystal is a trademark of Chromadex®. Cognizin® (Citicoline) is a trademark of KYOWA HAKKO U.S.A., Inc.

† These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Supplement Facts

Serving Size: 1 Dragon Fruit Packet (10.1g)

Svg Per Container: 12

	Amount Per Serving	% Daily Value*
Calories	30	
Total Carbohydrates	7g	2%
Sugars	7g	
Vitamin C (Ascorbic Acid)	420mg	700%
Thiamin	1.2mg	80%
Riboflavin	2mg	120%
Niacin (Niacinamide)	30mg	150%
Vitamin B6 (Pyridoxine HCl)	20mg	1000%
Folic Acid	400mcg	100%
Vitamin B12 (Cyanocobalamin)	200mcg	3340%
Pantothenic Acid (D-Calcium Pantothenate)	16mg	160%
Calcium (D-Calcium Pantothenate, Tricalcium Phosphate)	51mg	5%
Manganese (Manganese AAC)	0.5mg	25%
Chromium (Chromium Polynicotinate)	30mcg	25%
Molybdenum (Molybdenum Glycinate Chelate)	18.75mcg	25%
Chloride (Potassium Chloride)	162mg	5%
Potassium (Potassium Chloride)	175mg	5%
Cognizin® (Citicoline)	250mg	**
PUREENERGY™	100mg	**
pTeroPure® Pterostilbene (57mg)		
Caffeine (43mg)		
White Tea Leaf Extract (50% Caffeine)	100mg	**
Yerba Maté Leaf Powder (20% Caffeine)	35mg	**
L-Carnitine Complex	34mg	**
Taurine	33mg	**
Ginkgo Biloba Leaf Powder	1mg	**

*Percent Daily Values (%DV) are based on a 2,000 calorie diet
**Daily Value not established

Other Ingredients: Fructose, Erythritol, Natural Flavors, Citric Acid, Calcium Silicate, Silicon Dioxide, Stevia (leaf) Extract (Stevia rebaudiana), Fruit and Vegetable Juice for Color

Allergen Statement: Manufactured in a facility and equipment that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish and Fish.

Distributed by: Sync Health Solutions, LLC, 10305 Birchler Dr., Mira Loma, CA 91752

844-GET-ÄLSA (438-2572)



Recommended Use:

Add 1 packet Älsa to 16 oz. water and shake well. For optimal results, make Älsa your twice-daily ritual—mid-morning and mid-afternoon.

For variety, mix with juice, hot or cold tea, smoothies, yogurt, or any recipe of your choice.

See our recipe collection at
alsenergy.com.

Älsa is a dietary supplement.
Do not exceed two servings per day.



Caution: Contains caffeine comparable to a half a cup of the leading premium coffee. Do not take if pregnant or nursing. Not recommended for children. If you are taking medication and/or have a medical condition, consult your doctor before use. Individual results may vary.