

**TAMPER
RESISTANT:
DO NOT USE IF
SEAL UNDER CAP
IS BROKEN
OR MISSING.**

VITAMIN WORLD

NATURALLY INSPIRED®



Potassium Magnesium Aspartate

Vegetarian Formula
Dietary Supplement

**90 EASY TO SWALLOW
COATED TABLETS**

ACTUAL
SIZE

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Magnesium	50 mg	13%
(from 250 mg of Magnesium Aspartate)		
Potassium	50 mg	1%
(from 217 mg of Potassium Aspartate)		

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Croscarmellose, Cellulose Coating, Calcium Silicate, Vegetable Stearic Acid, Silica, Vegetable Magnesium Stearate, Titanium Dioxide Color.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium (less than 5 mg per serving).

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

PROD. NO. 7390

Magnesium plays an essential role in maintaining proper bone mineralization.* Magnesium is also involved in muscle contractions and nerve impulses.*

Potassium is essential for muscle activity and nerve transmission.* It aids in mineral balance of the blood and works with sodium to regulate the body's water balance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) tablet daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TO REORDER CALL 1-800-228-4533
Or Order On The Web www.vitaminworld.com

Carefully Manufactured by
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