



Store away from heat & light

Keep Out of the Reach of Children

up to 4 times per day for general relaxation. * Best taken between meals.

SHAKE WELL BEFORE USING

SUGGESTED USE

023

RELAXING SLEEP™

NERVOUS SYSTEM

Calming & Relaxing*



HERB PHARM®

HERBAL SUPPLEMENT

2 fluid ounces (60 ml)

Relaxing Sleep™

Supplement Facts

Serving Size: 0.7 ml

Servings: about 84

Amount Per Serving

% DV

Certified organic extract blend: 637 mg Ⓔ †
Valerian rhizome with root (*Valeriana officinalis*) Ⓔ Ⓕ
Passionflower flowering herb (*Passiflora incarnata*) Ⓔ
Hops strobble (*Humulus lupulus*) Ⓔ Ⓕ Chamomile flower
(*Matricaria chamomilla*) Ⓔ Ⓕ Catnip flowering herb
(*Nepeta cataria*) Ⓔ Ⓕ

† Daily Value (DV) not established

Other Ingredients: certified organic cane alcohol (59-69%), distilled water & certified organic vegetable glycerin. Gluten-Free

Ⓔ Certified Organic Ⓕ Fresh (undried)

Ⓔ Extraction rate 317 mg fresh herb & 56 mg dry herb per 0.7 ml.

HERB PHARM • WILLIAMS, OR 97544

800-348-4372 • www.herb-pharm.com

Certified organic by Organic Certifiers

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.