

Suggested use: 30 drops in water or juice, 1–3 times daily, or as directed by your health practitioner. Shake well before using.

Not to be used during pregnancy or lactation. If you are taking medications, or have a medical condition, please consult with your health care practitioner prior to the use of this product. Keep out of the reach of children.

Distributed by: Banyan Botanicals
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Certified Organic by New Mexico
Department of Agriculture

BANYAN[®]
BOTANICALS
AYURVEDIC HERBS

Ashwagandha



1 fl oz (30 ml)
Dietary Supplement

Supplement Facts

Serving Size: 30 drops (1ml)
Servings Per Container: 30

Amount Per Serving 500 mg*
Herb Weight Equivalence

Organic Ashwagandha root
Withania somnifera

Herb Strength Ratio 1:2

* Daily Value Not Established

Other Ingredients: Organic Grain
Alcohol (45-55%), Deionized Water

